

massage therapy

Back, Neck & Shoulder Massage	60 min	R580
	45 min	R460
	30 min	R340

This massage helps to relieve tension in the neck, shoulders, upper and lower back.

Signature Aroma Massage	60 min	R580
--------------------------------	---------------	-------------

Aromatherapy combines the use of pure natural essential oils with healing therapeutic strokes.

Deep Tissue Massage	60 min	R580
----------------------------	---------------	-------------

A deep pressure massage to relieve tension and detoxify.

Hot Stone Massage	60 min	R580
--------------------------	---------------	-------------

This re-energising stone therapy massage creates a cleansing, harmonizing and relaxing effect on the body.

Pregnancy Massage**	60 min	R580
----------------------------	---------------	-------------

Tailored to relieve typical pregnancy discomforts such as lower back ache and poor circulation. Keeping you and your baby's safety in mind, this treatment is only offered to Mom's beyond their first trimester.

CBD Wellness Massage**	60 min	R580
-------------------------------	---------------	-------------

Begin your therapeutic journey with a drop of CBD (Cannabidiol) tincture under the tongue to encourage a sense of serenity, followed by a relaxing full body massage incorporating CBD oil.

This signature treatment is designed to decrease pain and inflammation whilst super-charging the immune system and promoting restorative sleep. THC Free and 100% legal.

Classic Swedish Massage	60 min	R520
--------------------------------	---------------	-------------

Provides a sense of well being, eases tense muscles and induces relaxation.

Pressure Point Foot Massage	60 min	R580
	30 min	R340

Relax and balance the body through stimulation of pressure points situated on the feet.

Indian Head Massage	30 min	R350
----------------------------	---------------	-------------

A detoxifying massage treatment of the head, scalp, face, neck and shoulders.

Enhance your massage with the following additions:

Upgrade your 60min Full Body Massage with an extra 30min	R270
---	-------------

Add Hot Stones (Back Only)	R110
-----------------------------------	-------------

Add on CBD Oil** <i>(may be added to any treatment)</i>	R120
---	-------------

Back Scrub	R120
-------------------	-------------

Add Bellabaci Cups (Back Only)	R110
---------------------------------------	-------------

Bellabaci Detox/Slimming Concentrate Oil	R150
---	-------------

Bellabaci Deep Relax Oil	R150
---------------------------------	-------------

Bellabaci Muscle Support Oil	R150
-------------------------------------	-------------

Bellabaci Revive Oil	R150
-----------------------------	-------------

SLIMMING

Bellabaci Cellulite Cupping Treatment	30 min	R500
	60 min	R650

Re-sculpt your body with the combination of cupping and hands-on massage, performed with a potent formula to detoxify, address cellulite, enhance slimming and to give your body the ultimate deep cleanse. This treatment includes a targeted lipo-sculpting massage.

body treatments

Salt Body Scrub**	30 min	R390
--------------------------	---------------	-------------

Hydrating or Detox Wrap**	45 min	R560
----------------------------------	---------------	-------------

HYDROTHERAPY

CSpa Sensorial Shimmer Milk Hydrobath**	30 min	R330
--	---------------	-------------

Thalgo Îles Pacifique Lagoon Bath**	30 min	R330
--	---------------	-------------

Body Treatments and Hydrotherapy available at The Blyde, Munyaka, Thaba Eco-Village and Royal St. Andrews.



skin care therapy

Thalgo Source Marine Hydra-Strengthening Treatment 60 min R990
Suitable for any skin type, this facial will combat signs of dehydration leaving the skin softer with improved skin texture.

ThalgoMen Express Fortifying Treatment for Men 30 min R560
Revive and energise tired complexions in just 30 mins. Includes a cleanse, marine crystal scrub, energising signature acupressure and an anti-fatigue mask to reveal clearer, cleaner skin.

ThalgoMen Fortifying Facial Treatment 60 min R830
Whether your concern is dehydration, dryness, sensitivity or oiliness, this treatment provides a tailored solution for the male skin. Treatment includes a relaxing massage, leaving the skin revitalised and perfectly balanced.

Thalgo 3 Algae Facial 60 min R690
A facial for oily/combination skin, uses the power of micronised marine algae, to rebalance and remineralise the skin leaving it clearer and purified.

Thalgo Spa Skin Facial 60 min R660
A revitalizing skin treatment for all skin types. Two treatment options (i.e. Hydrating or Purifying)

Thalgo Purité Marine Purifying Treatment 60 min R660
Specifically designed for combination to oily skin, this Purité Marine treatment reduces imperfections, redefines pores and controls shine, with the optional inclusion of extractions.

Thalgo Hydra-Radiance Facial 30 min R450
Unlock the secret to perfect radiance with a treat of sensoriality and effectiveness resulting in skin luminosity.

CSpa Hydrating Facial 60 min R530
This multi-sensory, results driven skin treatment includes a luxurious facial massage and a Hydra-Boosting Aroma serum

CSpa Aroma Facial 30 min R400
CSpa's Aroma Wellness basic facial can be customised to all skin types and concerns.

THALGO EYE EXPERT TREATMENTS

Thalgo Hyalu-Procollagene Wrinkle Correcting Pro Eye Treatment Add On To Facial R390

MEDI SPA

Thalgo Peeling Marin Treatment** 30 min R1050
The 1st Marine Peel, this anti-ageing treatment combines micronised algae with glycolic and gluconic acids to deeply exfoliate and stimulate cell renewal to provide long-lasting results. Ideal for those seeking a "new skin" effect that is visible after one treatment.

OPTIPHI - Available at selected Branches

Active Peel 25% - 30% 45 min R830
Active Peel 30|30 45 min R920
This peel focuses on Total Skin Rejuvenation for all skin types. Improves cellular activity, resurfaces the skin, improves skin texture and stimulates the Fibroblasts which increase the production of dermal matrix compounds.

Nano Needling Add On 15 min R360
Micro-Needling (Face Only) 75 min R1300
Micro-Needling (Face & Neck) 90 min R1550
Micro-Needling (Face, Neck & Décolleté) 120 min R1900

Micro-Needling treatments include 30min numbing time



nail treatments

MANICURES & PEDICURES

Luxe Pedicure Includes a soak, scrub, heel work, cuticle work, full foot massage, mask and paint.	60 min	R430
Luxe Manicure Includes a soak, scrub, cuticle work, full hand massage, mask and paint.	60 min	R380
Gelish Pedicure Includes soak, scrub, heel work, cuticle work, Gelish application, foot massage.	60 min	R540
Gelish Manicure Includes soak, scrub, cuticle work, Gelish application, hand massage.	60 min	R490
Gelish Dip Acrylic	45 min	R380
Nail Care & Gelish	45 min	R340
Express Pedicure Includes a soak, scrub, cuticle work, lotion application and paint.	30 min	R240
Express Manicure Includes a soak, scrub, cuticle work, lotion application and paint.	30 min	R240
Revarnish	15 min	R200
Gelish Removal	20 min	R120
Mens Nail Grooming	20 min	R190

ACRYLIC NAIL BAR**

Full Cover Soft Gel Tips with Gelish**	R450
Full Cover Soft Gel Tips with Polish**	R400
Natural / Colour Overlay	R400
French Acrylic Overlay	R430
Clear Tips with Overlay	R480
Tips: French/Colour	R300
Acrylic Fill	R260
Nail Art (Stamp / Free Hand) Per Nail**	R75
Nail Art (Sticker) Per Nail	R4
Nail Repair	R180
Artificial Nail Removal	R160
Full Set Acrylic Sculpture**	R530
Buff and Glaze	R180

BIO SCULPTURE/POLYGEL**

Tips with Sculpture Overlay	R430
Overlay	R400
Gel Fill (Clear / French)	R370

ADD ONS

Paraffin Dip on Hands or Feet	15 min	R110
Heel Peel Treatment	15 min	R110
Structure Gel / Nail Re-Inforcement Layer		R100

beauty treatments

WAXING (EACH*)

Lip / Chin / Brow*	15 min	R110
Underarms / Sides of Face*	20 min	R150
Bikini / Half Arm*	25 min	R220
Brazilian	40 min	R250
Hollywood	45 min	R320
Half Leg / Full Arm/ Half Chest*	30 min	R230
Full Leg	45 min	R380
Back / Chest*	45 min	R390
Full Face	30 min	R240
Lip & Brow Wax Combo	15 min	R180
Ear Wax**	15 min	R110
Nose Wax**	15 min	R110

THREADING**

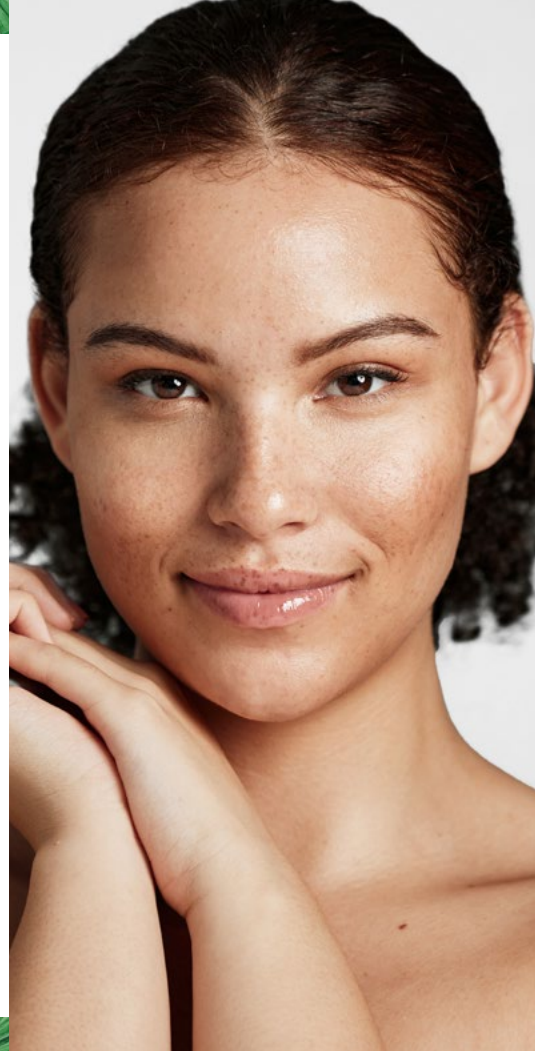
Lip / Chin / Brow*	R100
Lip + Brow	R140
Mono Brow	R90
Full Face	R230
Brow Thread & Tint Combo	R170
Brow Thread, Brow & Lash Tint Combo	R230

TINTING

Brow Shape & Tint	R160
Tint Lash & Brow	30 min R160
Tint Lashes	20 min R120
Tint Brows	15 min R110

LASH LIFT AND BROW LAMINATION**

Lash Lift & Brow Lamination Combo	R650
Lashlift	R350
Brow Lamination	R350
Add Tint	R90
Add Brow Wax / Shape	R90



packages

The Escape **2hr 30min R1100**

60min Thalgo Spa Skin Facial
60min Pedicure
30min Back, Neck & Shoulder Massage

Gents Executive **1hr 30min R700**

45min Back Massage
30min Express Pedicure
15min Head Massage

Petite Personalised Journey **1hr 30min R750**

Choose any three of the treatments below:

- 30min Pressure Point Foot Massage
- 30min Back, Neck & Shoulder Massage
- 30min Indian Head Massage
- 30min Express Manicure
- 30min Express Pedicure
- 30min CSpa Aroma Wellness Facial

CBD Wellness Journey **60 min R750**

CBD Infused Tea
30min CBD Back Massage
30min CBD Radiance Facial
Includes CBD Booster Drink

Spa Taster **60 min R670**

30 min Back, Neck & Shoulder Massage
30 min Thalgo Hydra-Radiance Facial

teen treatments

Cleansing Facial **30 min R340**

Back Massage **20 min R210**

3/4 Leg Wax **20 min R200**

1/2 Leg Wax **20 min R170**

Bikini Wax **20 min R140**

Underarm Wax **15 min R100**

Mini Lip Wax **10 min R70**

cspa kids

(under the age of 12)

Candylicious Nails **30 min R210**

Hands and Feet, Shape & Paint

Fruity Fun Mani **20 min R180**

Happy Feet Pedi **20 min R180**

Kool Kids Massage **20 min R200**

Back, Neck & Shoulders, Back of Legs and Arms

Little Miss Facial | Little Mister Facial **30 min R350**

Tween Petite Package **60 min R620**

Choose any three of the treatments below:

- 20min Back, Neck & Shoulder Massage
- 20min Booster Facial
- 20min Hand Treatment
- 20min Foot Treatment
- 20min Revarnish Hands and Feet

Children must be accompanied by an adult at all times. An indemnity is required to be signed for each child. Treatments for children under the age of 12.

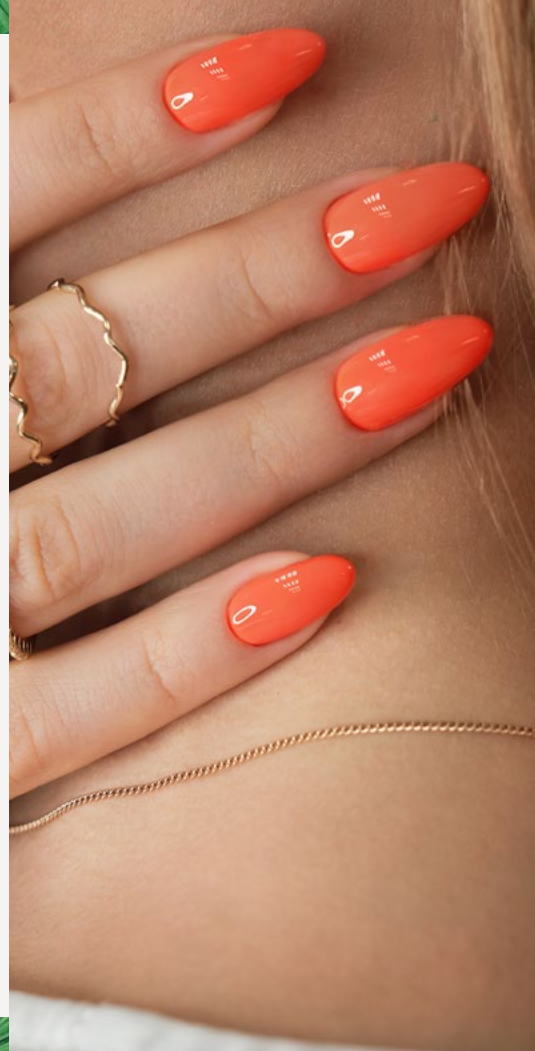
essentials

- Prices are valid for **2024**.
- Booking in advance is recommended.
- Treatments marked ** are not available at all CSpa Wellness branches, please enquire upon booking.
- Kindly arrive 15 minutes prior to your scheduled treatment(s) to change and complete a consultation form with your therapist.
- Please alert your therapist for the following contra-indications:
 - High blood pressure or heart conditions
 - Recent surgery
 - Muscle or joint injuries
 - Allergy to iodine, or product allergies
 - Pregnancy, Epilepsy and Diabetes
- In a spirit of mutual respect we kindly request punctuality.
- Ensure cellular/mobile phones are switched off.
- Prices are subject to change without notice.
- It is at your discretion to add a gratuity, for treatment excellence.
- CSpa Wellness is not responsible for any theft, damage, loss or misfortune that may occur.
- Please note that products bought at our spas are not refundable.

cancellation policies

4 Hours advance notice is required for cancellations and rescheduling. If this is not adhered to, 50% of the treatment fee will be charged.

Late arrival will result in a reduction of treatment time whilst the full treatment fee will apply.





branches

Amsterdam

012 942 9563 | amsterdam@camelotwellness.co.za

Amsterdam, Corner Jacaranda & Amsterdam Drive,
Olivedale, Johannesburg

The Blyde

010 541 0564 | theblyde@camelotwellness.co.za

Bronkhorstspuit Road, Willow Park Manor, Pretoria

Greenstone Ridge

064 625 5059 | greenstoneridge@camelotwellness.co.za

Greenstone Ridge, Stoneridge Drive Cnr Emerald
Boulevard, Greenstone Park, Johannesburg

Kikuyu

010 541 0002 | kikuyu@camelotwellness.co.za

Cnr of Maxwell Drive and Old Pretoria Road, Waterfall,
Midrand, Johannesburg

Munyaka

010 541 0578 | munyaka@camelotwellness.co.za

Mia Drive, Waterval City, Midrand, Johannesburg

The Reid

010 541 0840 | reid@camelotwellness.co.za

28 Reid Ave, Linbro Park, Sandton, Johannesburg

Thaba-Eco Village

010 541 2464 | thaba@camelotwellness.co.za

Lifestyle Centre, Lower Level, Kliprivier Drive, Rietvlei,
Johannesburg South

Westlake

010 541 0822 | WhatsApp 076 976 0465

westlake@camelotwellness.co.za

Westlake Eco-Estate, Lifestyle Centre, Westfield Road,
Modderfontein, Johannesburg

The Whisken

010 541 0596 | whisken@camelotwellness.co.za

Corner of Whisken and Ethel Road, Kyalami

Ballito Hills Lifestyle Estate

010 541 1760 | ballitohills@camelotwellness.co.za

Hills Avenue, Ballito

De Zicht

010 541 0833 | dezicht@camelotwellness.co.za

Sylvia St, Richwood, Cape Town

Fynbos Lifestyle Estate

021 541 0386 | fynbos@camelotwellness.co.za

282 Tryall Road, Milnerton Rural, Cape Town

The Huntsman

021 541 0027 | huntsman@camelotwellness.co.za

Macassar Road, Somerset West, Cape Town

Khoroni Hotel

015 960 1444 | khoroni@camelotwellness.co.za

Khoroni Hotel, Mphephu Street, Thohoyandou

Royal St. Andrews Hotel

046 604 5400 Spa Ext. 5419 | spa@rsah.co.za

19 St. Andrews Road, Port Alfred